



A shift from traditional
language to a trauma-informed
description of vulnerable
individuals can create...



...compassion instead of
blame; hope instead of
hopelessness and connection
rather than disconnection.



What we say...

"Unacceptable Behaviour"



What's really going on....

"Understandable Behaviour"

What we say...

"Avoidant"

What's really going on...

"In 'flight' survival mode"



What we say...

"Defiant"



What's really going on...

"In 'fight' survival mode, coping with a threat"

What we say...

"Aggressive"



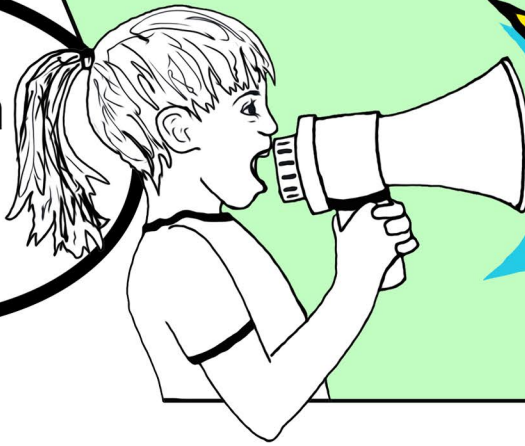
What's really going on...

"Frightened"

What we say...

What's really going on...

"Attention Seeking"



"Attachment Seeking"

What we say...

What's really going on...

"Withdrawn"



"Cautious"

What we say...

What's really going on...

"Rude"

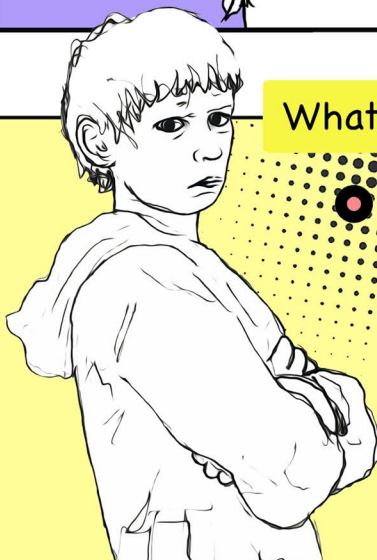


"Self Protective"

What we say...

What's really going on...

"Not Engaging"



"Doesn't feel safe yet"