

# Making Sense of Trauma: Practical Tools for Responding to Children and Youth

## Recommended Readings

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- Gil, E. (2006). *Helping Abused and Traumatized Children: Integrating Directive and Nondirective Approaches*. New York: Guilford.
- Gil, E., & Derwes, A. (2005). *Cultural Issues in Play Therapy*. New York: Guilford.
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- Levine, P. (2007). *Trauma Through the Eyes of a Child: Awakening the Ordinary Miracle of Healing*. Berkeley: North Atlantic Books.
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- Perry, B., & Szalavitz, M. (2010). *Born for Love: Why Empathy is Essential and Endangered*. New York: Harper Collins.
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- Rothschild, B. (2010). *8 Keys to Safe Trauma Recovery*. New York: WW Norton
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- SAMHSA. (2014). *SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach*. Rockville: Substance Abuse and Mental Health Services Administration.
- Schore, A. N. (2003). *Affect Regulation and the Repair of the Self*. New York: W.W. Norton & Company.
- Siegel D., Solomon, M., (Ed) (2003) *Healing Trauma: Attachment, Mind, Body, and Brain*. New York: W.W. Norton.
- Siegel, D., Bryson. T.P., (2011). *The Whole Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind*. Random House, New York.
- Siegel, D., Bryson. T.P., (2014). *No-Drama Discipline: The Whole-brain Way to Calm the Chaos and Nurture Your Child's Developing Mind*. Random House, New York.
- The Adverse Childhood Experiences Study. (2015). Retrieved February 24, 2015, from [Acestudy.org: http://www.acestudy.org/](http://www.acestudy.org/)
- Tronick, E. (2009, November 30). Still Face Experiment: Dr. Edward Tronick. Retrieved July 13, 2014, from Still Face Experiment: Dr. Edward Tronick: <https://www.youtube.com/watch?v=apzXGEbZht0&feature=kp>
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