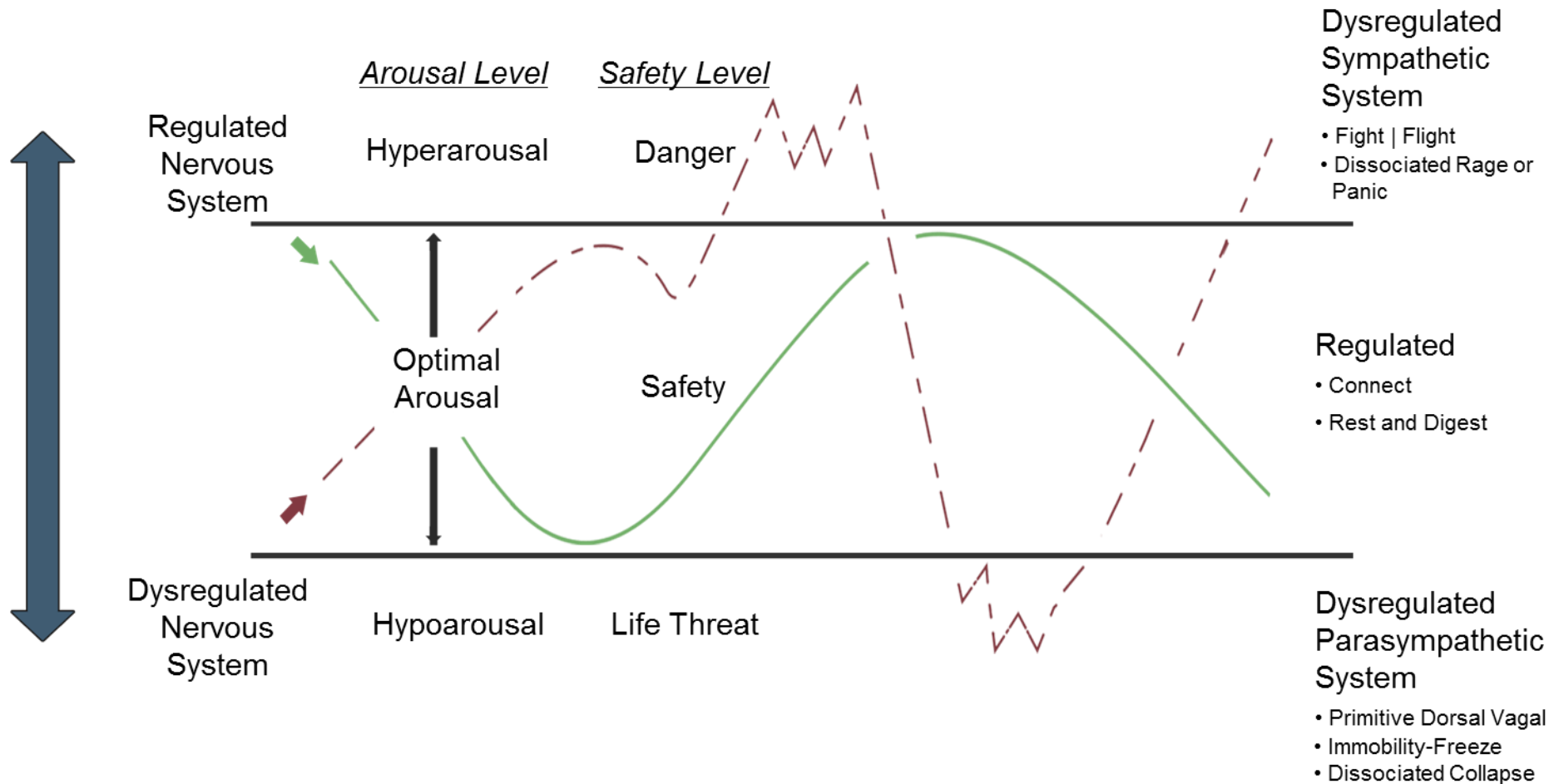


Window of Tolerance – Capacity to Cope



Adapted from (Levine, Porges & Ogden in Wheatley-Crosbie 2006)